

#### 4-year Sample Plan of Study: Human development

<b>Freshman year / Fall semester</b>	<b>Freshman year / Spring semester</b>
Foundations of Inquiry (FOI)	FCS 101 Human & Family Development OR FCS 103 Management for Consumers
FCS 101 Human & Family Development OR FCS 103 Management for Consumers	ENG 101 or COM 110
Inner Core Science	Inner Core Science
ENG 101 or COM 110	Middle Core course
Inner Core Math	Elective
15 hours	15 hours
<b>Sophomore year / Fall semester</b>	<b>Sophomore year/ Spring semester</b>
Middle Core course	Middle Core course
Middle Core course	Middle Core course
FCS 231 Family Relationships	Outer Core course
FCS 233 Family Econ. Resources (Fall only)	Outer Core course
FCS 250 Devel.& Guidance of Preschool Children (Fall only)	FCS 251 Devel. & Guidance of Infants and Toddlers (Spring only)
15 hours	15 hours
<b>Junior year / Fall semester</b>	<b>Junior year / Spring semester</b>
Outer Core course	FCS 232 Resource Management for Individuals & Families (Spring only)
Outer Core course	FCS 308 Organ. & Admin. of Early Childhood Programs (Spring only)
FCS 200 Practical Problem Solving in FCS	Major elective*
FCS 307 Advanced Child Devel. Applications (Fall only)	Major elective*
SWK 323 Child Welfare Services	B.S. degree requirement course
15 hours	15 hours
<b>Senior year / Fall semester</b>	<b>Senior year / Spring semester</b>
FCS 309 Couple Relationships (Fall only)	FCS 310 Family Crisis (Spring only)
FCS 331 Consumer Materials (Fall only)	FCS 333 Family & Consumer Public Policy (Spring only)
Major elective*	FCS 398** Professional Practice
FCS 300 Leadership Development for FCS Professionals	Major elective*
Elective	Elective
Elective (1 hour)	
15 hours	15 hours

\*Major electives must be chosen from an approved list of courses. See your Illinois State University Undergraduate Catalog.

\*\*Many students choose to complete this experience the summer following their final semester in order to have more flexibility with location and their schedule.