

## Food, nutrition & dietetics 4-year Sample Plan of Study

<b>Freshman year / Fall semester</b>	<b>Freshman year / Spring semester</b>
Foundations of Inquiry (FOI)	FCS 101 Human & Family Development OR FCS 103 Management for Consumers
FCS 101 Human & Family Development OR FCS 103 Management for Consumers	ENG 101 or COM 110
Chem 110 & 112 Fundamentals of Chemistry (Inner Core Science)	Inner Core Science (Recommended: BSC 101 Fundamental Concepts in Biology)
ENG 101 or COM 110	Middle Core course
Inner Core Math	FCS 102 Nutrition in the Life Span
16 hours	15 hours
<b>Sophomore year / Fall semester</b>	<b>Sophomore year/ Spring semester</b>
Middle Core course (MC-QR MQM 100 rec.)	Middle Core course
Middle Core course	Outer Core course
Middle Core course	Outer Core course
FCS 113 Principles of Food Preparation	CHE 220 (satisfies B.S. degree requirement)
Outer Core course (OC-SMT- BSC 160 required)	FCS 213 Food Planning, Marketing, and Cost Controls
16 hours	17 hours
<b>Junior year / Fall semester</b>	<b>Junior year / Spring semester</b>
Outer Core course	CHE 242 Biochemistry
HPR 182 Human Anatomy and Phisiology	PSY 215 Educational Psychology
FCS 200 Practical Problem Solving in FCS	FCS 319 Quantity Foods (Spring only)
ECO 103* or 105 Principles of Economics	MQM 220 Business Organization and Management
PSY 111 General Psychology OR PSY 110 Explaining Human Behavior (MC-IS)	Elective
15-16 hours	15 hours
<b>Senior year / Fall semester</b>	<b>Senior year / Spring semester</b>
FCS 300 Leadership Development for FCS Professionals	FCS 312 Medical Nutrition Therapy (Spring only)
FCS 311 Community Nutrition (Fall only)	FCS 398** Professional Practice
<a href="#">FCS 316 Food Science (Fall only) See photos</a>	Elective
FCS 317 Nutrition and Metabolism (Fall only)	Elective
FCS 318 Foodservice Management (Fall only)	
15 hours	12-13 hours

\* ECO 103 satisfies a Middle Core requirement for General Education. ECO 105 is required for students pursuing a business administration minor.

\*\*Many students choose to complete this experience the summer following their final semester in order to have more flexibility with location and their schedule.